

FAMISH'D

SINCE 2010

BREAKFAST UNTIL 11:30am

TOAST 5.5

2 slices with your choice of spread

FRUIT TOAST 6

Vine fruit toast, bursting with currants, sultanas and raisins

NY BAGELS 5.8

Your choice of plain, sweet or savoury with spread/Smoked Salmon, cream cheese & capers

PORRIDGE 6

Made to order - ask staff for toppings

MUESLI & YOGHURT 8

House made muesli layered with creamy low-fat yoghurt

CHIA PUDDING 5.5

Oats, chia seeds, almond milk, coconut milk, coconut, honey, cinnamon, berries

BIRCHER 8

Rolled oats, apple, low-fat yoghurt, apple juice, sunflower seeds, cranberries, sultanas, pepitas, cinnamon

BREKKY SALAD 14

Spinach, almonds, quinoa, feta, currants, avocado, eggs, pepitas, white wine vinaigrette

ACAI BOWL 14

Banana, almonds, blueberries, raspberries, chia seeds, coconut & house-made muesli

BIG BREKKY TOASTIES 9.8

GOOD OL' HAM, CHEESE, TOMATO

Seeded mustard, shaved ham, tasty cheese, fresh tomato

I NEED BACON & EGGS

Egg and mayo mix, topped with cheese, crispy bacon & fruit chutney

SMASH'D AVO

Avocado mash, crumbled fetta & lemon juice

MUSHY MADNESS

Basil pesto, mushrooms & pecorino cheese

I LIKE IT HOT

Tomatoes, jalapeños, avocado, cheese

LUNCH - SALADS & SPUDS

DESIGN-YOUR-OWN

Salad SMALL \$11 LARGE \$13

Regular Spud \$13 Sweet Spud \$14

5 House ingredients

Select your base

A protein? (+2.5/3.5)

1 of our famous dressings (salads)
salsa or sweet chilli sauce (spuds)

Mop it up with LaMADre bread (salads only)

SUPER SALADS

SMALL 13 LARGE 15

Choose 1 salad & add your choice of protein. Served with bread.

BEETILICIOUS

Spinach, beetroot, fetta, chickpeas, bean shoots, pepitas, currants, Dijon Balsamic

KEEN YOU ARE

Spinach, quinoa, currants, Pumpkin, Spanish onion, pepitas, Thai Lime

MEXICAN FIESTA

Mixed leaf, tomatoes, mixed beans, corn, jalapeños, Spanish onion, corn chips, Mayo & Tomato Harvest

SMASHING PUMPKINS

Spinach, broccoli, pumpkin, spring onions, pepitas, crunchy noodles, currants, Crush'd Peanut

OLIVE GROVE

Pesto pasta, olives, fetta, Spanish onion, spinach, Mayo and Dijon Balsamic

SUPER SPUDS

REGULAR 14.5 SWEET 15.5

STRAIGHT UP

Avocado, cheese, corn, coleslaw, spring onions, sour cream, salsa

MEXICALI ROSE

Bacon, cheese, corn, jalapeños, mixed beans, corn chips, sour cream, salsa

HAPPENIN' HAWAIIAN

Ham, cheese, corn, pineapple, beetroot, sour cream, sweet chilli,

MEDITERRANEAN MANIA

Fetta, roasted capsicum, olives, artichokes, Spanish onion, sour cream, salsa

HEALTHY TOUCH

Avocado, spinach, carrot, corn, tomato, beetroot, spring onion, sweet chilli